

Rewards for Wellness

Health Fair up to \$100

Health Assessment \$100



1. Get Screened and earn up to \$100*

Get screened at any on-site health fair January 1 - February 20, 2009!
Health fair schedule available at www.getfitri.ri.gov and in your HR department.

- Blood Pressure Screening
- Body Mass Index (BMI) Screening
- Body Fat Screening
- Health Information and More!

To pre-register, call 877-239-3557. You will need to give the location, date and time of the health fair you plan to attend. *Although pre-registration for screenings is not required, it is highly recommended.*

* **Important!** Please bring your UnitedHealthcare medical ID card to the fair.

2. Take the Health Assessment and Earn \$100*

Complete the health assessment at myuhc.com before February 20, 2009. You can take it at home, before and after work hours or on lunch and break times. UnitedHealthcare staff will be available at the health fairs to assist you in logging on to myuhc.com.

* All State employees are welcome to participate in the health fair activities, but only employees paying the new co-shares for fiscal year 2009 are eligible to receive co-share credits.

For more information visit www.getfitri.ri.gov.

